

## Mounjaro to Ozempic Conversion Chart

Mounjaro Dose	Ozempic Dose Conversion	Remarks
2.5 mg →	0.25 mg	Both are the priming doses
5 mg →	0.5 mg	Mounjaro in a dose of 5 mg is more effective. Therefore, you may need to increase the dose of Ozempic after 4 weeks if your blood sugars are not controlled.
7.5 mg →	0.5 mg	7.5 mg Mounjaro is more effective but it's better to start Ozempic in a dose of 0.5 mg
10 mg →	1 mg	Mounjaro 10 mg is more effective but it's better not to exceed the starting dose of 1 mg
12.5 mg →	1 mg	Can start directly with 1 mg Ozempic. The dose can be further increased to 2 mg.
15 mg →	1 mg	Can start directly with 1 mg Ozempic. The dose can be further increased to 2 mg.

## How to switch from Ozempic to Mounjaro?

You need to check your blood glucose more frequently when switching from Ozempic to Mounjaro. Mounjaro is more potent than Ozempic in lowering blood glucose and A1C, therefore, there is an increased risk of hypoglycemia.

It's better to consult your healthcare provider.

**Here is a rough guide as to how you can adjust your dose when switching from Ozempic to Mounjaro:**

Ozempic Dose	Mounjaro Dose Conversion
0.25 mg →	2.5 mg (priming dose)
0.5 mg →	Can start with 5 mg directly or 2.5 mg if you were not tolerating Ozempic
1 mg →	<p>It's better to start in a dose of 5 mg as the A1C lowering effects of 5 mg Mounjaro and 1 mg Ozempic is the same.</p> <p>However, the dose of Mounjaro may be increased to 7.5 mg and 10 mg after 4 weeks.</p>
2 mg →	Can start Mounjaro in a dose of 5 mg or 7.5 mg and titrate the dose upwards to the maximum dose of 15 mg if required.