

Features of PCOS		Treatment of PCOS
<b>Androgen excess</b>	First-line treatment	Hormonal contraceptives
	Alternative treatment	<ul style="list-style-type: none"> <li>Metformin + antiandrogens (spironolactone, Finasteride, Flutamide)</li> </ul>
<b>Acne</b>	First-line treatment	Topical clindamycin and vitamin A derivatives (isotretinoin)
	Alternative treatment	<ul style="list-style-type: none"> <li>Oral antibiotics</li> <li>Oral isotretinoin</li> </ul>
<b>Hirsutism (Facial hair)</b>	First-line treatment	Hormonal contraceptives
	Alternative treatment	<ul style="list-style-type: none"> <li>Antiandrogens (Spironolactone)</li> <li>Eflornithine (Vaniqa) + laser therapy</li> </ul>
<b>Irregular periods</b>	First-line treatment	Hormonal contraceptives
	Alternative treatment	Hormonal contraceptives
<b>Infertility</b>	First-line treatment	Clomiphene Citrate
	Alternative treatment	Metformin + Letrozole
<b>Insulin resistance</b>	First-line treatment	Lifestyle intervention (Low-calorie diet + Exercise)
	Alternative treatment	Metformin (+/- GLP-1 agonists like Semaglutide and Liraglutide)
<b>Weight loss</b>	First-line treatment	Lifestyle interventions (low calorie diet and exercise)
	Alternative treatment	<ul style="list-style-type: none"> <li>Medical treatment (example Semaglutide and Liraglutide)</li> <li>Surgical treatment (Gastric Sleeve or Gastric bypass)</li> </ul>